









## Comparing Personal Trainer Certification Courses in Canada

Organization	Time Required to Certify?	Online or In-Person Education?	What's the Examination Process?	Total Cost?	Other Relevant Information?
 <p><b>canfitpro</b> CANADIAN FITNESS PROFESSIONALS</p>	2-6 months on average.	Live course with online teaching support.	The Personal Training Specialist (PTS) has both a written and practical exam. The written exam consists of multiple choice questions and a case study while the practical exam ensures that the competencies required to be a certified personal trainer are demonstrated.	\$489 - \$622 + \$78 annual renewal fee.	Becoming certified with canfitpro means that you are joining the largest provider of education in the Canadian fitness industry. Trusted by fitness professionals, employers and consumers across Canada to provide the education needed to start, and maintain, a fitness career as a personal trainer. The live component of the training and evaluation process provides the unique opportunity to gain professional coaching and feedback to successfully start your career.
 <p>Certified Professional Trainers Network <b>CPTN</b></p>	20 hours of practical training after passing a written exam.	Distance education provides an in-home solution to earning a certification.	The theory exam is 120 multiple-choice questions and completed online. It is 180 minutes and the passing grade is 75%. You will receive, within 5 business days, the practical assessment package. Practical assessments are a minimum of 60 minutes in length including feedback from the Assessor.	\$262.50 - \$758.45 + \$91 annual renewal fee.	Includes all membership benefits such as National recognition to a high standard of excellence, ability to gain sports insurance from other bodies, being listed on CPTN's website as a personal trainer referral, career opportunities as Practical Assessor or Instructor, ability to start own personal training business, discounts on services and products through suppliers, access to professional Distance Education courses, and access to personal trainer job listings.
 <p><b>CSEP   SCPE</b></p>	Equivalent of 2 full years of college/university coursework.	Exams are hosted in computer-based testing centers.	Once you have received your letter confirming your status as a CSEP Approved Candidate, you are eligible take a CSEP workshop and challenge exams. There are both written practical exams.	\$260 per year + \$35 application fee.	Many perks include numerous exciting, cutting-edge professional development opportunities, both in-person and on-demand, CSEP membership benefits such as special member rates for Home and Auto Insurance through The Personal Insurance, and many others.

Organization	Time Required to Certify?	Online or In-Person Education?	What's the Examination Process?	Total Cost?	Other Relevant Information?
	40+ hours in-class training, plus 20+ hours of practical hands-on training.	In-person classroom education.	The PT course is 40+ hours of classroom and practical teaching, and also includes a course completion open book exam; followed by a 20-hour practicum, closed book proctored certification exam and skills assessment.	\$400 + \$73.50 annual renewal fee.	Candidates wanting Personal Trainer certification must first successfully complete the Weight Training Instructor certification and then progress to the Personal Trainer course.
	Different course options allow for different certification times. On average it takes 3 months to certify.	Certification can be either online or in-class.	Final certification exams can either be online or in-person.	\$1397 - \$5990 depending on the specific course chosen.	Personal Trainer Certification programs are offered in four different formats: weekends, weekdays, weeknights and personalized one-on-one instruction. Depending on your time and learning style, our personal training certification program is flexible to match your availability.
	Varies depending on the student, but each student must complete the course within 6 months of registration.	Certification can be either online or in-class.	The CPTe is a computer based test and must be given by a live proctor at a PSI testing facility. The exam is 140 multiple choice questions.	\$299 - \$499 + \$75 annual renewal fee.	NCCPT has been certifying health and fitness professionals for over 20 years. We have been proudly providing cutting-edge education, tools and resources throughout the U.S. and international markets. Nationally recognized, we provide students the best value for the best price.
	12 weeks, equivalent to 200 hours of in-class and practical training.	The cert is only offered online.	Each module includes a combination of quizzes, assignments and final written exam. The fitness module also has a practical exam for group fitness and in home personal training that is video taped by the student and uploaded for grading.	\$1999 (no renewal fee, but continuing education is required).	The FNE covers all areas of fitness (group & PT), nutrition, wellness and business. You are not just going to learn the info in class but you are going APPLY and practice what we cover in your community – leaving with the total package of skills, confidence and materials to be a fierce fitness professional.
	Varies depending on the student, but each student must complete the course within 4 months of registration.	Distance education with an in-person examination.	One exam contains 95 multiple choice questions, and the second exam contains 125 multiple choice questions.	\$300 - \$475 + \$30 - \$55 annual renewal fee.	NSCA offers the most respected accredited certifications for strength and conditioning coaches and personal trainers. Visit our certification page to discover which NSCA certification is the best fit for your career aspirations.